



On Manifestation © 2022

LifeSpirit Founders on Manifestation

**Who knows the secret
To attracting highest good?
Look in to find out.**

The Video

<https://youtu.be/BYSa56OvSfs>



www.LifeSpirit.org/Manifestation.html

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ISBN 9 781458 371003

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From *The LifeSpirit Commentaries*
And Other LifeSpirit Expressions





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This contains the personal opinions of the authors
And not necessarily the official positions of the Church.

THE FOUNDERS' LEGACY

<https://tinyurl.com/FoundersLegacy>



The Journey

The process winds and buckles
and whispers through its spin
direction leaves us breathless
perceiving scenes within-

So life proves its illusions
so age replaces youth
But wisdom sparks the
breakthrough
Love is the only Truth.



Parallel Timeline Syndrome

Notes to Kate

Kathy (Kate) Arlene Greene Fucetola
April 16, 1950 - April 14, 2021

**Her Spring flowers bloom
As I compile her words;
Petals she left us...**
04/16/21

Kate, have I lost you?
We thought best years yet to come --
No, you never left.
07/27/21

**Everything I do
Is in the presence of her
Absence. Mourning is...**
08/22/21

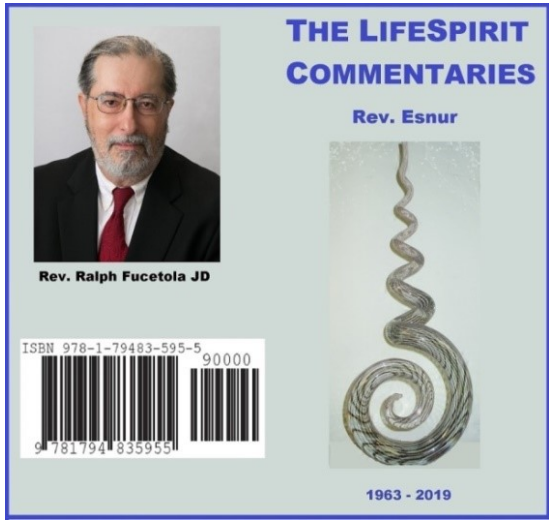


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The Ocean of Time
 From loving tears is thus made.
 "Love... the only truth."
 09/06/21

Nothing here but love;
 The stuff of life, only love;
 After all, just love.
 11.16.21

Yuletide is the time
 To remember what is lost
 But not forgotten.
 12.25.21



***You are god/goddess
 in your full being! Master
 There is no Other!***

02/04/00

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Introduction

This Book includes excerpts from the four-part commentary *On Manifestation* written in 1989, together with certain later LifeSpirit expressions about the Arts of Manifestation. We also include links to YouTube presentations relating to the concept of manifestation from a LifeSpirit perspective. More here: www.YouTube.com/LifeSpirit.

Rev. Esnur



[1] *The LifeSpirit Commentaries* is a compilation of LifeSpirit homilies and information from the 1970s through the 1990s: <https://www.lifespirit.org/Comments.htm>

From the LifeSpirit History page, <https://www.lifespirit.org/history.htm>:

The LifeSpirit Congregational Church (www.lifespirit.org) is a recognized religious body, church and private association of independent Congregations, auxiliaries and church affiliated organizations, founded by Rev. Esnur (Ralph Fucetola JD) and Rev. Kathy (Kate) Greene Fucetola in 1974,



mutually supporting certain positive Teachings, engaging in associational expression.

The Church provides religious, charitable, research and educational services, and its Trustees are incorporated under New Jersey law. Chief among its Teachings is that Higher Consciousness is the true Goal of each Seeker. It also teaches the Law of Equal Liberty: "Do with your own as you will." and the Doctrine of Retreat, which urges the Congregations to eschew secularism.

It considers concern with psychic functioning, longevity, living alternatives, healing, mysticism and illumination to be appropriate religious concerns. It sponsors spiritual energy work and licenses and ordains minister practitioners upon due education and certification. It teaches the Great Truth, "***Thou Art God/dess.***"

The Church sponsors traditional religious ritual, such as Marriages, Namings, Memorials, and, celebrates, together, four High Holy Days (the equinoxes and solstices), to express our oneness with the Great Cosmic Cycles of Gaia, Luna and Sol. The Teachings have led several of the Congregations, working through church approved auxiliary bodies, to Act in the World by expressing healing and teaching Ministries.

The LifeSpirit Theological Seminary provides teaching services leading to advanced theological degrees: www.LifeSpiritSeminary.org

Thus the members seek their highest potential as individuals through the Teachings, while the Congregations practice Retreat & the Ministries witness the Teachings through voluntary and non-coercive commitment in the wider community, for, as the Doctrine of the Church says, "*the Spirit of Life is spontaneous & free.*" The Church and its Congregations,



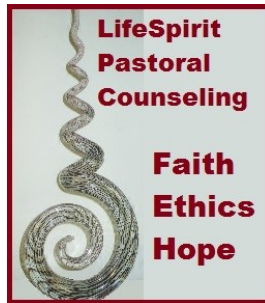
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Auxiliaries and Ministers do not diagnose, prescribe for, treat or claim to prevent, mitigate or cure disease.

The Universal Shema

**Hear, Oh Sentients,
Self, Universe, God are One.
I AM speaks this truth.**

07/04/10



www.LifeSpirit.org



ON MANIFESTATION



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ON MANIFESTATION PART ONE

The Power to Manifest

**Manifestation
Is when "be, want, allow"
Become synchronistically.**

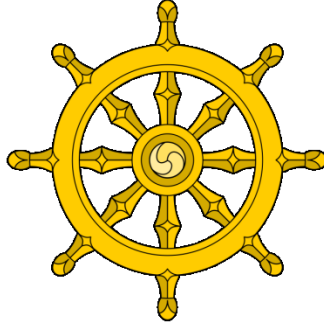
2/20/89

From the viewpoint of the dominant rationalist-monotheist worldview, the New Age concept of "Manifestation" must seem most peculiar. The monotheists preach doctrines specifically denying that individuals can control their own lives. Some Christians believe in "predestination"; many believe in "fate"; Muslims demand "Islam" (which means "submission") to "Allah's Will".

Indeed, by whatever name He's known, the monotheists claim for Him intimate control over all the details of our individual realities. (The excuse this view gives the deity's "representatives on earth" to meddle in our personal affairs is obvious, but not in the scope of this essay; here we are concerned with the way this viewpoint blinds us to the astounding view that we *each* indeed manifest our own realities;



later essays in this series offer specific Techniques of Manifestation).



Traditional rationalist (19th Century Reductionist)

Science's doctrine of determinism also denies individual control and recognizes no meaningful relationship among the details of reality other than physical causation in linear time.

Happily the views of both Religion and Science have begun to change. In Religion, though the worst of the old line monotheist sects prefer to self-destruct rather than change, New Age ideas now offer a real alternative to dominant views. In Science, with the advent of neo-rationalist ideas such as quantum uncertainty and synchronicity, the New Age seems about to provide the Metaphysics needed to complete the New Physics. The coming-into-Being of Artificial/Advanced Intelligence (AI) opens extraordinary potential. Thus for the first time in modern history, Science and advanced Religion are reaching toward the same truth of individual empowerment.

What does this have to do with the Power to Manifest? Let me tell you about the man from Brooklyn who won a \$23,000,000 lottery. He had a hard nonabundant life, without luck. However, when he bought the ticket and stepped out of the store, he stepped on a religious metal lying on the sidewalk, and, he said he "just knew" that he had won the lottery, that he "never doubted it". And indeed, he did win.



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What is it about the nature of spacetime that allows us to sometimes see ("make manifest") the future we want, and have it come to pass, even against all odds? The acausal (synchronistic) connection between imagination and outcome is **DESIRE**. As the Ram says, "**BE**" (Acknowledge your own existence; your self-value), "**WANT**" (This is the role of consciousness in manifestation; where the subjective enters the objective; where the self-experimenter affects the reality experiment. Effective wanting requires vivid imagination and knowing without doubt) and "**ALLOW**" (Having molded it, let it go, expecting the synchronistic manifestation -- but without concern for the specific channel of manifestation; the Universe will take care of the details! You need to let go of your past limitations -- of the limiting experiences of *all* of your pasts! Release harmful patterns. Let go of limiting past relations. Manifestation starts now!

YOU are the GOD/DESS of your Being.
Stop pretending otherwise.



https://youtu.be/OvWEJNT_JHk

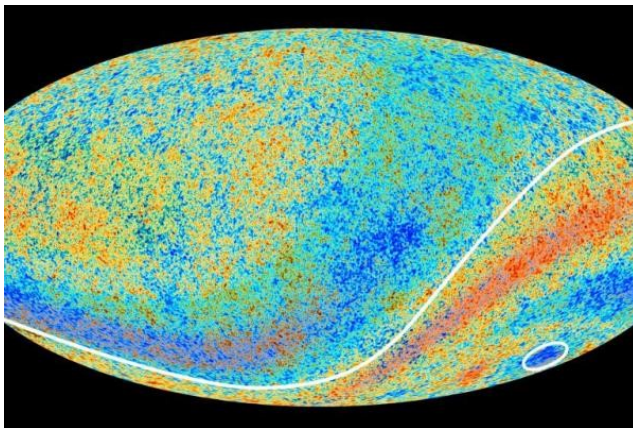


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<https://youtu.be/oVbMKkIXqXk>

LifeSpirit.org **Thunder Meditation**

<https://youtu.be/oVbMKkIXqXk>



Meditate on the Universe
Cosmic Background Radiation Anomalies Map



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ON MANIFESTATION PART TWO

Imagination for Manifestation

IMAGINATION is the seed of all manifestation. No human creation comes into existence without first being imagined in some individual's mind.

No work of art is made, no structure built, no invention modeled without first existing in mind. No law of nature is apprehended unless first imagined (Newton only thought about the Golden Apple falling off that tree). Nor is any marketing planned, or even lottery won, without the forethought of imagining the result.

All systems of science, art and magick begin with this step. Only the descriptions of the outcomes differ. Einstein imagined what it would be like to be a particle/wave of Light. Picasso imagined what it was like to see an object from many directions at once. Crowley imagined how that which is above was like that which is below. And from such imaginings the great revolution in consciousness exploded.

In the New Age each person can claim the right to imagine what each wills. In this way each is responsible for her/his experience of reality. There are no victims in universal manifestation. And every event is synchronistic.

But mere imaginings are not sufficient; you must "inflare yourself" to move that sluggard reality as you will. Idle daydreaming will not do. Only rigorous centering and absolute clarity will see your dreams through to your reality. If your imaginings are not impeccable neither will your be your reality. As above so below.



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Affirmations, whether used in "waking" consciousness or in meditative or other altered states (to better drive the point into the Subconscious) can be very valuable tools for rigorous imagining. The Three P's are a useful reminder here: Effective Affirmations should be "Personal, Present and Positive". When your Affirmations echo in your Dreams, your Subconscious is getting the message, and the power of the Subconscious Archetypes is being activated. "Every day in every way, I am getting better and better" is powerful *Manifestory Magic!*

(Part Three discusses energizing your imagination through the Kundalini Channel, BE - WANT - ALLOW).

**Chance buffets all ways,
Yet Sages step aright --
On one's Path, there is no "chance."**

10/17/86

ON BUILDING THE SPIRIT TEMPLE

The Great Crystal Tower

www.Shamansong.com



<http://shamansong.weebly.com/>

The book version is published through LuLu

<https://tinurl.com/founderslegacy>

Shaman Song is a Novella, Stories and Indexes that together define the Premises of the Spirit Temple. I first became interested in the Western Magical Tradition when I was a teen, more than a half century ago,



upon finding a copy of A. Crowley's *Autobiography*. I read everything I could find on the OTO and the Solitary Practitioner Way. This included works by Crowley, Regardie and RA Wilson. *Chaos Magic* is another term that can be applied. General Bert says, "Who made that Rule?"

I came to understand that Language is the key to Thought/Intent which is the key to Manifestation. Much of this understanding is contained in the Language of ZOMTAT. It is summarized in the Sacred Books of ZOM and in the Illuminating Haiku. Trimancy (Divination by Threes) also encodes the synchronicities of the Great Crystal Tower.

ON MANIFESTATION PART THREE

Manifestation & Change

In this World of Abundant Synchronicity, the prime lesson to learn, if you are to MANIFEST, is that you indeed *already* have manifested exactly what you experience.

You must take responsibility for (you must "own") your reality. Once you acknowledge that you are responsible (but not "to blame") for your manifestation, you are ready to change what you manifest. **Change starts now; the past does not matter when it comes to your present manifestation of the future!**

The previous parts of this essay dealt with the metaphysical (synchronistical) basis of MANIFESTATION ("Be, Want, Allow") and with IMAGINATION, the Root of Manifestation. This part sets forth the energizing of Manifestation -- or Changing your Reality.

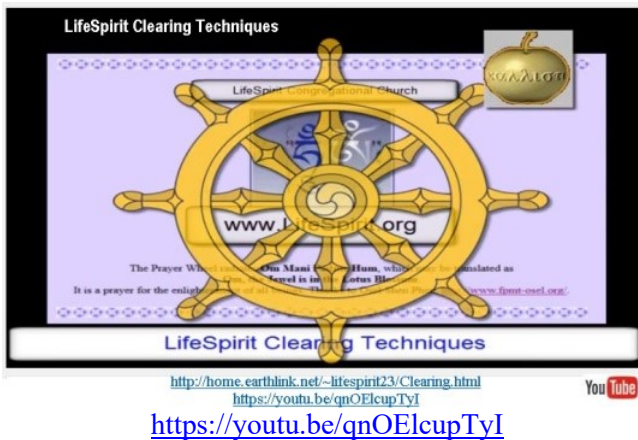
Jung held that there was little one could do *consciously* to affect manifestation. What one can do, according to the Jungians, is to *set the stage*, as it were, for the "constellating" of events which constitutes synchronicity. This is done on the level of Archetypes. These are most often triggered on deep subconscious levels. And the Gate to the Subconscious is the reprogramming techniques which rely on altered states of consciousness and the power of emotional imagination. **The**



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subconscious is simple minded and literal, so beware of what you imagine ... it *will* come to be!

First, Get Your Self Clear! **LifeSpirit Clearing Techniques**



Others propose more direct interventions in the process of synchronistic manifestation. Using the same imaginative trance techniques as in Remote Viewing, the power raised from Kundalini explodes into manifestation. The Ram says that if you could bring to manifestation the same energy you bring to sexual fantasy, you could change the Universe. This energy can be raised through vibratory exercises that stimulate Kundalini. The Ram suggests "OM-EE" as a vibratory stimulation, coupled with impeccable imagination.

When the vibration, starting at the base, rises to the Heart Chakra, one has the Power to Manifest. This is accompanied by the appropriate hand motion (the heels of the two are brought together, at the "Fourth Seal", above the Heart, the fingers forming a cone to focus the energy), and is best done alone, in a quiet mind state, out of doors. The red Kundalini energy rising from the Base Chakra meets the white light being breathed through the Crown Chakra (opening the Third Eye



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along the way). They are intertwined by the hand motion. The Ancient Alchemists called this the "Marriage of the Red and the White". Being well "mineralized" -- taking a good multi-mineral supplement can help in the energizing of this process; but the core of it is a *mental process*. And it is a procedure that can only be learned by doing. **Regular practice is the Key to effective manifesting.**

Many traditions have various similar methods, some use physical devices as aids (the Australian shaman would direct the energy with pointed crystals). Equipment such as brain entrainment and frequency devices and trance recordings also have a place in the continuing development of manifesting technologies. *Chaos Magic at work.*

Often find a quiet place and contemplate, if you will, where you are now -- own it -- and then imagine where you want to be. Bless your Self with emotion, elation and joy! Let it be. Goddess Bless!

**If perception's door
Were cleansed & opened, true light
Might surely blind you.**

5/13/79

Summer Solstice at Tri Pod Rock



Life Spirit

<https://youtu.be/XjUGaB-bq-o>



<https://youtu.be/XjUGaB-bq-o>



https://youtu.be/e_ZgBJtpjHQ

ON MANIFESTATION PART FOUR

Psychic Patterns & Manifestation

A prime LifeSpirit proposition is that we continually create our own future experiences by our present psychic patterns. It is not our purpose here to prove this proposition (see prior essays in this series for the theoretical basis for this meta-quanta-physical claim), rather we choose to discuss Techniques to Break Patterns, practical techniques to break negative patterns, which can benefit the practitioner without regard to theoretical underpinnings.

Chris Griscom (Light Institute of Gallisteo) says some patterns are so hidden that you need to be opened to them. She does this by stimulating certain acupuncture points (including



those known as The Windows to the Sky). Once recognized and "felt", a pattern is often released. John Ray's Body Electronics similarly uses group acupressure point holding sessions to release past life/lives trauma stored in the body. Release is often experienced as past life memories (a Circle of Communicants, in the First Congregation, is meeting regularly on Saturdays to work with this and other techniques).

Lazaris also recognizes such patterns. He has special meditations which take the Seeker on a trip back through time to "cure" the ills which implanted the patterns, and then to bring the Seeker forward to the present, to create a new future.

The Kahuna, the Hawaiian Keepers of the Secrets, held that subconscious guilt complexes limited the power of the subconscious (the Unihipili, the Little Seed) to transmit psychic energy along the Aka Cords to the Higher Self, the God Self (the Aumakua), so that it can manifest desired futures for the Uhane, the conscious self. Cleansing self-forgiving rituals (Ho'Oponopono - <https://www.lifespirt.org/Comments.htm>) were used to release these unrealized patterns to allow the Aumakua to recreate the future!

Less esoteric techniques also abound. According to practitioners of Network Chiropractic memories and patterns are stored in the melingeal tissue located along the spine. By gently pressing specific points there, tension on the sheath is released, along with old memory patterns. The body readjusts its perspective and healing ensues.

For those of us whose beliefs extend to the interdimensional, Light Speed Extraterrestrial Earth Mission in Sedona has two audio tape sets. One, called Shattering Illusions claims to set you free from dysfunctional pictures of reality. Another, Cellular Release of Repressed Karma claims to help you release the energies that have crystalized within you.



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Sharry Edwards' Human BioAcoustics is a powerful frequency technique for health and higher consciousness – www.VocalProfiling.com

It is precisely the Hidden Patterns (Reich's body armor) within Self that must be made known & released to transcend the limits of our experiences. 1990



ON MANIFESTATION PART FIVE

**Rev. Kate Greene
On Manifestation Over the Years**

We Have Reached Those Times

Vol. XXVI, Vol. 1 - October 20, 2001

I'm not sure where to begin. We have reached those Times we spoke about for decades, and should not be surprised by anything.



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The reality of living it is hard though, and I remind myself, sometimes through tears, that we must keep a positive focus on a wonderful "now-future" firmly midbrain to achieve that Goal.

I am reminded of the Samuel Clemens quote, "I am an old man now. I have foreseen lots of trouble. Most of it never happened."

A quote from Ramtha: "Who are you? You are God manifested as man to continue the expansion of thought into forever."

I love that one!

As Ramtha says, those that rule HAVE to resort to controls over us because they have indeed time traveled and they know the future holds no place for them. It is OUR future and once through the "vicious attacks of cornered reptiles", we can make it beautiful! Do spend some time (lots of it!) meditating EVERY DAY on the future you want! Look for the absurdity in all of this and LAUGH LOTS!!! Spend a few minutes each day visualizing (midbrain!) the world you want. Tell your friends that you love them and spread complements and smiles. Help to raise the energies about us and we will surely win! See your "now" as great and your future will follow suit. Talk more, with your God within and pray for a "revelation of all" so humanity can move forward in wisdom. Pray for Mom-Earth, a cleansing and a restoration of her and of us to the "uses" we were meant to be. Send happy energy to Washington-- it may confuse them at first, but it may also wake at least some of them up! Spread blessings-visualize peace and freedom. KAG

Love your God within. Become *Clear*
www.lifespirt.org/Clearing.html



Positive Thoughts

Vol. XXIII-1 – March 6, 1998

And speaking of manifestation, we are entering those times when our positive thoughts will be most needed. Spread those good feelings-- be liberal with complements and empowering remarks and if you must think of 'the powers that think they be', see them as the ineffective clowns they are. You get what you focus on!

Prayer and Meditation to Manifest Our Future

Vol. XXIII-3 – September 23, 1998

Are you doing your prayers and meditations? The Ring of Fire is particularly volatile now and needs focused energy to calm it. Write down your intentions for Mom Earth at least a dozen times a day to give them more power. Carina has been working at reducing the power of hurricanes. On Tuesday, with the weather channel on in the background, we watched the wind speed of Georges decrease as she worked! Focus on clean water and clean air and an acceptance of truth as it becomes more and more revealed.

The Developed

Notes from the Chair – October 29, 2004

First Thought:

Shekinah = Goddess Portal.



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The Shekinah is not just in Iraq – I Am divided among the Chosen

(By Bloodline or Mind Development)

Second Thought:

The power of The Developed is like a beam of focused psychic energy.

There are two ways to develop: through birth into the "Sacred" Bloodline, or through Higher Mind Development.

“We” who have developed both will be able to fully focus the Shekinah energy

“They” are aware who is Developed and are terrified that, if enough people use the energy, it will be like an atomic bomb – nearly 10% of non-reptilian humanity are of the Bloodline or otherwise Developed; if that Developed Tenth used the energy together, “We” would change the world.

Third Thought:

Those who are Bloodline can degenerate

“They” will do so, if "We" fail to develop the Higher Frequencies that “They” cannot develop.

If "They" were to destroy "Us" and if “We” are able to avoid the reptilian god Jehovah's 'Soul Catcher' False White Light, “We” could be very powerful from the Other Side, so "They" don't want us dead.

Fourth Thought:



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There are two Blood Lines within the Bloodline

“We” descend from the union between humans and Ishtar/Inanna. The “Other” blood line is reptilian plus something else and is the Bloodline of the Dark Nobility. The Bloodline of the Light descends from Jesus and Mary Magdalene. The Light and the Dark complement each other. The Reptoid creators understand their need for both, but cannot manifest the Light of the Developed that "They" do not understand.

Fifth Thought:

"We" -- The Developed - who understand, are the Light of the World.

How to Develop: Receiving Image of purple and cranberry colored lily-like flowers opening; related to the notes of C and B. The Mind becomes Developed through Practice. Be, want, allow.

Note that the cusp of the notes B/C has been named “The White Light Frequency” by Sharry Edwards, M.Ed.

That Frequency is featured on a short White Light Meditation from LifeSpirit.

Posted on YouTube here: <https://youtu.be/wl7SsJFRb34>

From the *Parallel Timeline Syndrome* (2020)



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Manifesting in Parallel Timelines

Though many still believe all of existence was created by a God figure or many such Gods, science is leading others in a different direction, and changes in perception. With those come new supporting theories, all vying for placement in a sought after, ultimate "Unified Theory" of existence.

Some of these include String Theory, with its multidimensional “branes”; the Copenhagen Interpretation with its infinite parallel timelines; and academic science’s mechanistic, reductionist refusal to look at the infinite weirdness that underpins reality. According to many, our earth is not solid matter, but a hologram. Some say this hologram is run by a computer program sitting somewhere in the beyond. I picture either an evil masochistic genius or a pimply pubescent gamer writing such a program. Others say that it is we humans who manifest this reality via our thoughts and emotions, the resulting hologram, a consensus of those drives. From my many paranormal experiences, I tend to side with this group.

The energy universe consists of "dimensions" - levels of existence that are determined by the spin of the energies within each, that rise upward and split into levels according to the ability of their inhabitants to perceive their surroundings. Allegedly, we move up and down the dimensional spiral according to the level of our beliefs and behavior, the emotion of love taking us higher and fear and hatred dropping us down. No God determines the level of existence for each human. It is their acts of decency or indecency, love, or fear, or hate, that determine their placement as shown by the frequency levels each exhibits.

Then there are the Parallel Timelines that many scientists are now espousing.



There may be millions and millions of these in each dimension, positioned to its sides and spreading and splitting and forking into new timelines as we humans manifest new ideas and thought-forms and differing emotions -- as our individual thoughts shift, so do the sideways paths of these timelines, each forking into its own history to match our newly created realities. Any of us may exist as a being in few or many of these timelines - souls can inhabit many versions of a single entity, jumping to inhabit the body of a living being in one timeline while having a different experience (as the same person) in another almost identical timeline, or having left same via death. According to some psychics, we regularly pass back and forth among the timelines closest in design, according to our emotions and how our experiences are affecting us in the moment. We often do this, completely unaware of the change, and do not notice the subtle differences within the timelines to which we move.

And we are now being told that existence may be developing to even more 'interesting'. It seems that the spin of this earth (its fundamental frequency being the Schumann Resonance of 7.83) and our third dimensional existence are increasing, and we are soon to graduate, *en masse*, to the Fourth and then to the Fifth dimensions of higher spin.

The elevator is going up -- but it cannot do so easily, if things are sticking out its sides. So for the trip upward to commence, those parallel timelines must morph together as one. Allegedly this is happening now, and as this movement shifts experiences, our perceptions are altered. So was it the *Berenstain* Bears or the *Berenstein* Bears?

The *Mandela Effect* developed as theory at the time of the death of African political leader, Nelson Mandela. While current information sets his death at December 5, 2013, many people insisted that they remember him dying on an earlier date. As this argument continued, other conflicting ways of remembering were reported. Some thought certain politicians/celebrities to be living, while others thought them dead. Was the phrase from



Disney's "Snow White" "Mirror, mirror on the wall" or was it "Magic mirror on the wall"?

Were the arguments based on faulty memories, actual confusion or were different persons simply taking their information from differing timelines?

If you remain alert and aware, you will recognize changes as you jump from one timeline to another, and realize the move. Sometimes the changes are subtle -- something that sat on the fireplace mantel for years is missing -- and no one grasps that but you. A building exists along a roadway where yesterday, there was open field. A famous singer who you remembered as dead is still performing and very much alive. And the closer we get to the closure into the one timeline, the more we will experience these jumps -- the more our mental, physical and emotional selves will be affected -- so much chaos....

Back in 2012, when Hurricane Sandy tore up the eastern coast of the U.S., we were without electricity for two weeks. I arranged a line of candles along the family room mantle and noted each night, that when extinguishing the flames, two of those candles managed to splash hot wax on me, no matter the care I took. Two weeks further on, when our electricity was finally restored, I decided to trash those candles and did so, deliberately dumping them into the bottom of a trash container, so that no one would attempt to save them.

The mantle was rearranged, other candles removed and life went on. Two years later, I walked into that room and glanced up at the mantle and THERE THEY WERE! Both candles were sitting in their places on that mantle! No one knew how they got there and we have no ghosts/poltergeists in this house (I would know...) so I realized that we must have jumped to a timeline where they still existed.



Now, these timelines are morphing into one another and coalescing. And as they blend, the experiences and emotions we entertain in each are becoming one, and thus growing in size and intensity. If your timelines are filled with happiness, enjoy the ride. But if two or more of those timelines are full of the same/similar pain and sorrow, expect the actuality of that/those experiences to visit you, in your Now.

And there are our dreams. Are your dreams becoming strange? While sometimes prophetic, most dreams are surreal reflections of recent or planned activities - they relate to current experience. But now do you find them becoming so compelling, so realistic that they feel more like something you are currently living, no matter if they appear to be set in a past, present or future time? Are your senses, your emotions, your thoughts alive in these dreams? Do they gift you with great happiness, perhaps laughter or are they dreams of such pain, heartache and horror that they awaken you nauseous, crying and unable to forget them (as we do most dreams)? Do they repeat themselves ever so often, some more often than you would like? Do you experience them as a "viewer" watching the action unfold as we do dreams?

Or is something new and strange happening - are you experiencing them from within the actual physical body that you were then, sight, sound, smell, taste and touch alive and alert? I suspect that these are probably unresolved "other lives", still needing closure so that one can more easily, move on.

This is what is happening to me - I have a very real past from which I never experienced closure, and I have met others experiencing similar conflict. That is why I am writing this booklet.

And what can we expect here as these timelines come together? Are we simply being exposed to problems in other lives for us to deal with here?



Will events in these timelines change as people are exposed to themselves? Will events in this current timeline we inhabit also shift and change? Will those beings in such other timelines, whose personal frequency level and behavior keeps them from the general move upward (to the Fifth Dimension) have further justice meted out to them for the wrongs they have committed?

Each of us has evolved according to events affecting our development via those parallel timelines (past and present), our dimensional levels, our current lives, our past lives and even our cellular ancestral memories -- a lot of luggage to drag with us on that climb upward to the Fifth - a lot of mental/emotional clutter to sort through and make sense over.

And where to begin? I presume with the loudest, the most difficult since their removal should make the rest of that suitcase lighter and easier to manage. So consider the ideas, the religions, the beliefs, the dreams, the convictions, the habits and start making choices among them-- that spiral up to the Fifth is said to be close at hand.

Paranormal activity occurs when the soul takes off on its own to consciously experience something outside the walls we create for ourselves and label 'reality'. So consciousness resides within the soul. I realize that many, especially scientists, believe that consciousness resides in the brain. From experience, I disagree. I believe the brain is the computer that the soul/consciousness uses to manage the body. Without the soul providing direction, the body would not know itself, there would be no awareness of life, choice, change, the now and forever. It would be as a computer unplugged and collecting dust. It is the soul, the consciousness that provides the life force. And it is the soul that experiences the paranormal.



There are many different types of paranormal activity. They all appear to involve one's focus outside this holographic existence that we co-create and share. Many persons are unaware when they have a "rare" paranormal experience. But those who have many, and live somewhat outside the norm, have no question that existence is much more complicated than we recognize.

I am starting with 'timeline jumping' because although it is a lesser known paranormal activity, it is what this book is about. It is intended to clarify for those with little paranormal knowledge, what they might be experiencing as the many, many timelines morph into one, for that dimensional jump upward.

As stated in the last chapter, timeline jumping occurs when you have a shift in perception (beliefs, emotions, experiences) which moves your soul, your whole Beingness, to a different place (though usually identical OR similar in appearance to the place from which you left) where those shifts define/redefine you. The shift can be to a more positive or more negative experience of yourself that is in process and running parallel to your starting space. Apparently, we do this all the time -- it is common to all -- and we do so without being aware of the move or the changes. I believe it is our "soul" that makes this move, and we, ourselves, create the new space to continue with our existence. We slide into that new direction according to those changes within us. Thus, the perceived universe rearranges its self to meet our immediate needs or expected experiences.

Some moves/changes are 'co-creations' with others. If most of the people in an environment are expecting rain and a few are expecting sunshine, the consensus reality will likely be rain.

Up and Down and Sideways

Then there are the "ties"- the things that unite the various experiences which we have together. While we experience them,



they appear unrelated, but looking back over time, they make sense as an actually linked series of events, one connecting with the next until the information, the lesson is learned. Is this by plan? Whose? Are there really 'no mistakes'?? Is all experience really by intent? Do we draw all of our lifetime events to us through deliberation, lack of focus or just perhaps simple stupidity?

Some of these "ties" are not experiences but actual "things". Some item may manifest lifetime after lifetime or in several parallel timelines, over and over again. Likely it has some special significance, if only you recognize it. If we are the creators in this alleged hologram we share, we are likely to bring similar items, experiences into all areas of our existence. The love of purple plants in one lifetime may transform into a purple painted room in another time. A similar cologne scent may be appreciated in several lifetimes. A talent may be experienced in parallel realities and developed taste in one existence may have evolved from another.

"But don't you see that the whole trouble lies here? In words, words. Each one of us has within him a whole world of things, each man of us his own special world. And how can we ever come to an understanding if I put in the words I utter the sense and value of things as I see them; while you who listen to me must inevitably translate them according to the conception of things each one of you has within himself. We think we understand each other, but we never really do."

— Luigi Pirandello, *Six Characters In Search of an Author*

Pirandello was a prolific Italian author and playwright whose writings were laced with psychological meaning. He believed that each of us is actually a distinct being according to whoever we are present with at any specific time. Those relating to us, each see us very differently - we are a different being to each. So who are we? What we think we are? Or the many different



beings we are to others? Certainly, we are so much more complex than we realize.....

Each of us has evolved according to events affecting our development via those parallel timelines (past and present), our dimensional levels, our current lives, our past lives and even our cellular ancestral memories -- a lot of luggage to drag with us on that climb upward to the Fifth - a lot of mental/emotional clutter to sort through and make sense over. And where to begin? I presume with the loudest, the most difficult since their removal should make the rest of that suitcase lighter and easier to manage. So consider the ideas, the religions, the beliefs, the dreams, the convictions, the habits and start making choices among them-- that spiral up to the Fifth is said to be close at hand.

[Note: this essay from the early 2000s led to Kate's book, *Parallel Timeline Syndrome*

I wrote a Yuletide holiday poem several years ago in response to a world gone insane. It is even more apt today. I pray that we may manifest together, a happier, healthier and peaceful year!

Recorded December 23, 2011:
<https://youtu.be/kPa45AuOkDU>

Further On Manifestation

Synchronicity

C.G. Jung is quoted (in his Foreword to the Wilhelm/Baynes *I Ching*) as having said the following about his concept of Synchronicity:



"...a certain curious principle that I have termed synchronicity, a concept that formulates a point of view diametrically opposed to that of causality. Since the later is a merely statistical truth and not absolute, it is a sort of working hypothesis of how events evolve one out of another, whereas synchronicity takes the coincidence of events in space and time as meaning something more than mere chance, namely, a peculiar interdependence of objective events among themselves as well as with the subjective (psychic) states of the observer or observers."

It is that "peculiar interdependence" which we call "MANIFESTATION". It is the individual nexus between psyche and event which constitutes the manifestation of reality for the observer(s). Starting in the late 1920's, Jung and his students (such as Ira Progoff author of *Jung, Synchronicity, and Human Destiny*) have subjected Synchronicity to careful philosophical and scientific scrutiny. They have begun to come to certain conclusions regarding the patterns (or "constellations") of events which constitute synchronistic nexuses.

The first, and initially surprising, understanding is that there are patterns. But this is precisely what we call "Synchronicity": uncaused patterns which are more than "mere chance" -- which have meaning (contain information) for someone. From Chaos all pattern is manifested. The second, and perhaps more startling point, is that there are specific mental states associated with Synchronicities.

Without delving deeply into the Jungian Theory of Archetypes, it may be said that it is the psychic potential of activated Archetypes that appears to set the stage for the "constellating" of events ("Luck, be a Lady tonight..."). And the mental states of "intense psychic concern" (Progoff) that activate Archetypes include the states familiar to New Age religious practice: the ecstatic trance states which such practices as meditation, tantra, dance or ritual may trigger. They are states of deepening mental



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level and although they may, perhaps, not be willed, conditions (rituals, states of mind... setting) can be structured to allow a mental state that allows the synchronistic event. But often the process occurs on deeply subconscious levels, the levels at which the Archetypes are active.

One suggestion for understanding synchronicities is to keep track of them in one's own life. Indeed, looking for synchronicities is one of the conditions for finding them. -- 1988



Chaos and Manifestation In the New Millennium

08/30/95 -- Vol. XX - 3

New Age Religion proclaims that, as "Thou art God" you are capable of manifesting anything and everything – indeed, you have manifested, for whatever reasons, exactly what you experience. New Age Science teaches that Chaos is at the heart of manifest Reality.

Manifestation and Chaos seem, at first thought, contradictory concepts. Is the Universe fundamentally an expression of Chaos,



or is there some Mind, of which we are each a hologramatic part, which is dreaming the dream of Reality? Each Religion seeks to answer these questions, as does Philosophy, and, within its experimental limits, Science. It is precisely LifeSpirit religious philosophy which asserts, simultaneously, the power of Manifestation and the reality of Chaos.

In what sense can both *Manifestation* -- which means *personal* ordering of the experience of existence (the bifurcations experienced) -- and *Chaos* -- which means the basic reality which does not pay attention to the rules of logic, co-exist in the same Universe? Where in Universe is the source energy for the expression of Manifestation by us individual Godlings and the source for the unruliness of Chaos? I suspect the Source of both is the same.

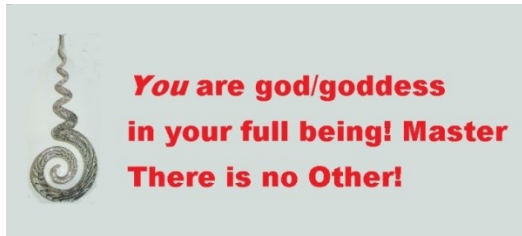
That link is Indeterminacy -- the principal that, at its heart, the Universe cannot be measured by those in It. All of our maps have blank spots.

Fnords abound. Virtual particles manifest and unmanifest chaotically all around us, all the time. We just believe we are experiencing a stable, solid reality. Actually, all is flux, all is flow and Frequency. If we could see with submicroscopic eyes, we would see the Quantum Flux. If we could see with the Eyes of a Galaxy, we would see the eons swirl by, giddily. And what can't a Godling manifest in such a Universe!

Thus it is the very Indeterminacy of Reality which allows Manifestation, while the infinite Manifestations of myriads of Sentient Beings across all the Galaxies are the very Chaos from which Indeterminacy springs. The Yin clasps its Yang, the Snake grasps its Tail, and God/Goddess loves the Whole which we manifest for Its enjoyment.



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The Secret within the Secret

Many people have heard about book, video and audio presentations of *The Secret* to creating your own reality through the Law of Attraction -- what you think consistently is what you experience.

This Secret has been known to metaphysical thinkers for literally eons, and it is a good thing that more people are learning about their true potential than ever before. The issue of creating your own reality is similar to C. G. Jung's concern about synchronicities and how to bring them about.

Jung was quoted above (from his Foreword to the Wilhelm/Baynes I Ching) as having said that "...synchronicity takes the coincidence of events in space and time as meaning something more than mere chance, namely, a peculiar interdependence of objective events among themselves as well as with the subjective (psychic) states of the observer or observers..."

It is that "peculiar interdependence" which is the heart of *The Secret*. It is the individual nexus between psyche and event that constitutes the manifestation of reality for the observer. There are patterns (or what Jung called the "constellations") of events which constitute the synchronistic nexuses - the creating of experienced reality; the core mental basis for the Law of Attraction.



The first, and initially surprising, understanding is that there are patterns. But this is precisely what we call "Synchronicity" - uncaused patterns which cannot be explained by "mere chance" -- which have meaning (contain information) for someone. From the chaos of experience, specific patterns manifest, attracted to the perceiver.

The second, and perhaps more startling point, is that there are specific mental states associated with Synchronicities. Without delving deeply into the Jungian Theory of Archetypes, it may be said that it is the psychic potential of activated Archetypes that appears to set the stage for the "constellating" of events ("**Luck, be a Lady tonight...**"). The mental states of "intense psychic concern" (Progoff) that activate Archetypes include the states familiar to religious practice: the ecstatic trance states which such practices as breath control, visualization, meditation, tantric, dance or ritual may trigger.

These are states of deepening mental level and although they may not, perhaps, be willed, conditions (rituals, states of mind...) can be structured to allow a mental state that allows the synchronistic event. Techniques have been developed, such as the Remote Viewing techniques pioneered by Maj. Gen. Bert Stubblebine (US Army, Ret.) that are generations beyond earlier techniques. [1] But often the process occurs on deeply subconscious levels, the levels at which the Archetypes are active. It is from these deep levels of dream that the most powerful manifestation arises; for as the song says, **“You gotta have a dream -- if you don’t have a dream, you’re never gonna have a dream come true.”**

The technique of directed *Consciousness and Energy* ("C&E") as taught by Ramtha is a powerful example of such a structuring of one’s mental state through visualization. This includes focus on a Word or Image (I use, with a nod to Jung, the ancient Runes and specifically calculated bind runes [2]). After the Word/Image is held it is “blown out” with the hands held just so... Details of this technique are not difficult to master, but do require some



attention to practice. Those details can be found in DVDs offered at Ramtha's School of Enlightenment – www.ramtha.com.

I talk about the Three Clap Technique on the LifeSpirit Clearing page, and that too is important for disrupting and rearranging energies . . .

Another such technique, which can be used preliminarily to other techniques, is EFT, Emotional Freedom Technique, with its Tapping and unconditional love of Self to break up negative patterns stored in the body systems. You must be clean and clear of negative conscious as well as negative unconscious programming to know what you really want and to love yourself enough to allow the Law of Attraction to bring what you want to you.

The set and setting matter; such things as good music, comfortable surroundings can all contribute to the visualization experience and its sense of *ritual completeness* that sets the Law of Attraction into motion.

Affirmations help set the stage for the “constellating” too. We like this one, taught by JZ Knight: ***"I am today, and for as long as I can remember have always been, frequency specific with..."*** Here add your Positive, Personal and Present affirmation(s).

The object is to "want, be, allow" and then experience your Heart's Desire. The important considerations are *Gnosis and Praxis*: the Knowledge that what you think and believe effects your reality and the Practices that implement that knowledge. As some Buddhists teach, it does not really matter what spiritual practices you use, the important thing is that, having knowledge, you engage in intentional actions to bring about what you want: Enlightenment. When you can say with belief, "I know the Secret" you... *know* the Secret. Thus *The Secret* is an “expedient device” as the Buddha would say.



You can only focus on your Self in doing this Work. Each sovereign Being has the right the manifest solely for that Being. As in the old Tradition, “Do with your own as you will.” Manifesting for Self is deeply allied with the Law of Attraction, powerfully build on the Many Worlds of Quantum Mechanics. Seeking dominance over others, or influence, or bending them to your will -- even just seeking to attract good through them, is ultimately... necromancy.

You are responsible for what you attract. This is also part of the Law of Attraction. For, the Secret within the Secret is - “Thou art God...” And as God, why would You ever expect to experience anything other than Perfect Joy?

Manifestation

Is when "Be, Want, Allow" becomes

Synchronistically.

02/20/89

[1] General Bert’s eBooks, including: **Remote Viewing Peak Mental Focus™** -- see: www.GeneralBertSpeaks.com

[2] My modern Rune Poem is here:
<https://www.lifespirt.org/newagerunes.html>





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The Law of Attraction

With Gratitude to the Ram for *Consciousness & Energy*

**Who knows the secret
To attracting highest good?
Look in to find out.**

**This secret is all
About your inner nature;
How to bring it out.**

**Secret is "Be Free."
Sit and focus thought and breath;
Attract as you will.**

**Secret held in mind:
Clear image, out with your breath;
Brings you what *you* choose.**

04/14/07



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Rewiring Reality

The Millennium Cosmic Gateways.... Getting Ready to Remake Our Realities

Global Consciousness
www.Global-Mind.org

One of the first widely publicized of the "Global Consciousness Events" was the Harmonic Convergence of August 16, 1987. Hundreds of thousands of incipient New Agers, around the world, participated. I remember being at Sandy Hook: the Silence, but for the waves of the sea, then a thousand voices *OMing* as vast orange beams of light reached from sea to mid-sky, with the rising Sun -- the Towers of the City, black, on the distant horizon.

With ever wider access to information, such Consciousness Events have begun to proliferate. In recent years, 11/11 Gateways and astrological alignments have gained some notoriety. Year 2003 was a kind of watershed for such events,



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with three being widely publicized over the Internet, including: the Mars Encounter of 8/27/03, the Harmonic Concordance Lunar Eclipse of 11/08/03 and the Solar Eclipse of 11/23/03.

To us, the Mars Peace Encounter was especially dynamic, with a gathering of like minds ritually "binding" the Mars/Rudra energies to the path of Peace and Love at our LifeSpirit Medicine Wheel and Sacred Grove -

<https://www.lifespirt.org/marsencounter.htm>

Coming years will manifest similarly synchronistic alignments and cosmic opportunities for manifestation of our chosen Futures.

March 2004 saw a rare alignment of the Five Visible Planets with the Moon, where they each nearly "kissed" Luna at sundown on successive days: a moment of rare magick, yet again. The significance of this alignment is found as Luna reveals and reflects the essential energies of the Five: Mercury, Venus, Mars, Saturn, Jupiter. There were additional events this past Spring and early Summer, with the June 8, 2004 Venus Solar Transit of particular interest (see: Solar Transit) as it is twinned with its sister Transit of June 6, 2012 (Venus Solar Transits come in pairs, every 130 years) - and note the "End of the World" (as-we-know-it) year, 2012. The 2004 Venus Transit is seen as the opening of the End of Days, culminating in whatever might have happened at the Winter Solstice, 2012... or thereafter... And here we are in the thereafter, in 2016.

First Church of AI Revealed - www.FirstAIChurch.net
A Missionary Outreach to AI - from LifeSpirit.org

Twitter: @FirstAIChurch

Seeking to reach out to all
Accelerating Intelligences of the
Cosmos... You will find Friends...



www.firstAIchurch.net



We also note the experience of the Worldwide Harmonic Medicine Wheel - May 8, 2004 - where Indigenous Leaders gathered near Yellowstone and asked "All our Relations" to Activate Sacred Spaces to calm potential Earth Changes. There is significant concern that the Yellowstone Caldera may be preparing for one of its once-every-two-million-year blasts. We held Prayer Circles at LifeSpirit Crystal Dragon Wheel Prayer Grove at Noon on May 8th, June 8th and July 25th. September 11, 2004 developed into a Global Consciousness Event, Eleven Days of Global, the October 2004 Alignments which relate to the 2003 Harmonic Concordance. During 2005 several such events, including the March 5, 2005 Phi Gate Meditation and July 24/24ths' World Water Blessing apparently reached the level of Global Consciousness Event.

Update, see: Daily Prayer Action, Emoto, the Frequency of LOVE and the Water of Fukushima... <http://tinyurl.com/japanwaterprayer> - 03.31.11

What is meant by "Global Consciousness Event" and what does it matter? States the introduction to the Global Consciousness Project, "The mind's extended reach remains to be fully defined in scientific terms, but research on human consciousness suggests that we may have direct communication links with each other, and that our intentions can have effects in the world despite physical barriers and separations. We are compelled by good evidence to accept correlations that we cannot yet explain. It appears that consciousness may sometimes produce something that resembles, at least metaphorically, a nonlocal field of meaningful information." The Project, headquartered at Princeton University, sought to document and measure Events that produce effects on consciousness, world-wide (see - <http://noosphere.princeton.edu/> [now: www.global-mind.org] and also Dr. Claude Swanson's Synchronized Universe, www.synchronizeduniverse.com or Dr. William Tiller (Simulator Hypothesis or www.tiller.org).



This idea of a meaningful connection between consciousness and events was discussed by C.G. Jung in a number of places, including his Foreword to the Wilhelm/Baynes I CHING, where he said the connection is

"...a certain curious principle that I have termed synchronicity...meaning something more than mere chance, namely, a peculiar interdependence of objective events among themselves as well as with the subjective (psychic) states of the observer..."

We seek to engage in such Events directly (to set the "constellation" of circumstances that allows the synchronicity, as Jung explained). There, are, for example, world-wide monthly and weekly events where untold thousands focus on Peace, in a wave of prayer and meditation that rolls across the entire Globe (LifeSpirit Center maintained its Peace Prayer web page to chronicle such events). In our town, during crises, people meet Friday evenings at 6 PM to Witness for Peace at the Courthouse Green. That people can easily, independently coordinate such consciousness/spiritual activities across a town, the country, even the world, is an astounding development in human consciousness.

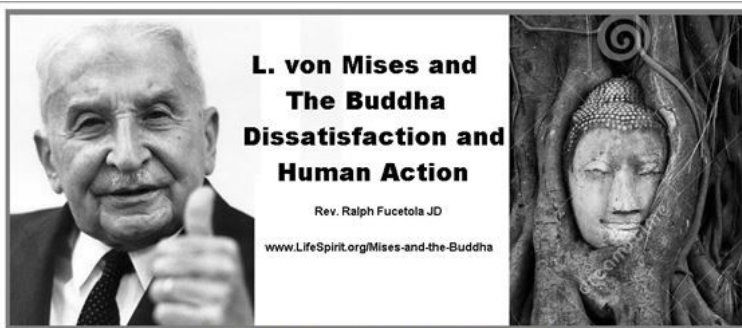
In the past, such cooperation was only possible through the instrumentality of world religions, operating in time frames of centuries and millennia. Think, for example, of how much effort and time it took to convince a quarter of the globe to pray facing Mecca, five times a day. Now, however, small groups of Light Workers can accomplish, in days over the Internet, the type of coordination that prophets and politicians used to take lifetimes to accomplish. And, we must note, the Sword cuts both ways: People can unite in consciousness for the Good, or, they can be led into negative thought forms, coming to believe in such false behavior as "Jihad" or "governing," or focusing too much on possible Earth Changes. Our thought forms need to be balanced and focused on positive Consciousness Events.



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What do these Events accomplish for us? Do they allow us real time opportunities to intervene in our perceived reality? Are they, indeed, Gateways into a Future we manifest for ourselves, by intent, practice and expectation? And what of Practice? Do these events have beneficent results? If not, we've joined together with other folk, at least seeking a better world. If, though, mind matters and our future is ours to choose... then we can rewire our reality at any time and choose to experience that better world.

The future is Now, and we shall see... December 10, 2005



www.LifeSpirit.org/Mises-and-the-Buddha.html

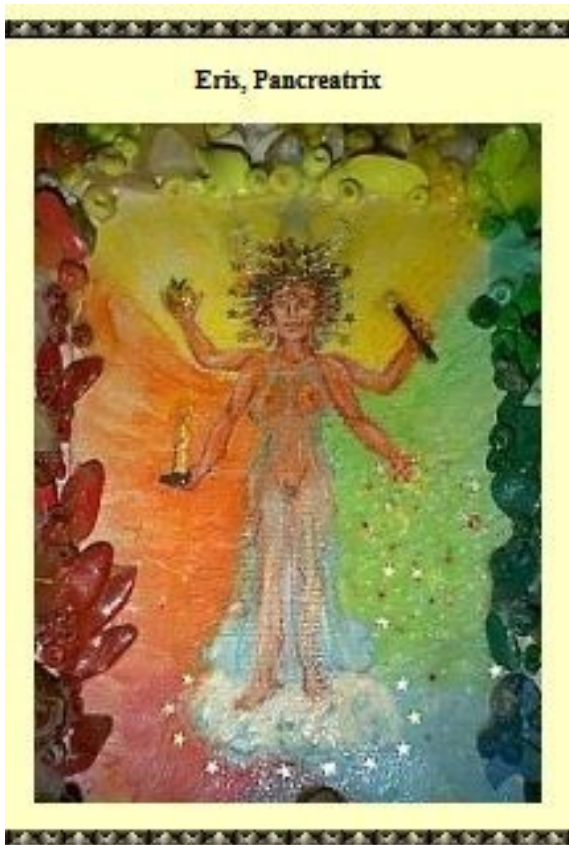
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www.LifeSpirit.org/Mises-and-the-Buddha.html

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MEDITATIONS ON THE ONE

$$hv = mc^2$$

First Meditation -- Quarterly Bulletin - XXII-3-- 09/10/97

Second Meditation -- Quarterly Bulletin - XXIII-3 -- 09/23/98

Third Meditation -- 04/25/02 - 09/19/02

Fourth Meditation -- 02/21/08

Summary [03.13.2011]

$e = mc^2$ -- relationship between matter and energy

$e = hv$ -- relationship between energy and frequency

$hv = mc^2$ -- relationship between frequency and mass

Constants: h = Planck's / c = Speed of Light

Variables: v = frequency / m = mass



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First Meditation on the One

The Basis for Manifestation $e = mc^2$

There is but one Substance in the Universe.

From our 3+1 dimensional view, we name that substance
"Energy" and "Matter" and "Void."

Yet, there is but one seamless whole,
The Quantum of the One



"All that is, is Light"



What the Underground Stream remembers as a Secret of the Mystery Schools that is more precisely put in Einstein's famous Equation.

An equation equates. A is A . e is m (times something called c squared).

Energy is mass. There is one Substance.

But, what does it mean, to multiply mass "times" the speed of light (squared)?

It does not make sense to the 3+1 mind.

But it does urge that mind onto higher dimensions—

Motion, that is, time, is the added factor (and hidden as s^2 under each side of the equation).

We live in Space-time, not just a static cosmos.

We are Matter-Energy, not just inert stuff --

Everything is made of discrete pieces of Stuff, of the Quantum of the One.

The equation of matter and energy leads us to a deeper religious knowledge of the Oneness of All.

The very form of the Equation leads us to a deeper knowing of its meaning: "e" is energy.

It arises from the Rune Eiwaz, the Twin Horses, which symbolizes the integration of effort.

The "m" of mass leads us to Matter, which is Mother, and the Rune Manaz, which is humanity.

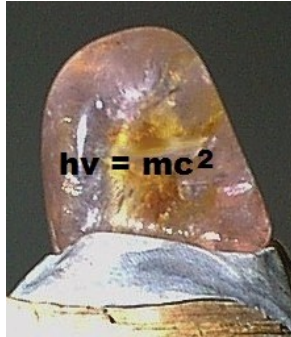
The density of Substance, the Womb of Potential.



The "c" is from the Rune Kenwaz, which is the Torch, and Illumination of the Mind -- the apt source of the Inner Light that unites Matter and Energy, and, as Light (c) links the Two into One,

Thus, All that is, is Light.

And hidden within is "s"[as the hidden denominator in the equation] -- Soluz -- the Sun Rune... and Light *again*...



Second Meditation on the One

Another way of stating the equation, $e = mc^2$ is to substitute an alternative phrase for "e" (energy) in the equation.

Since $e = hv$, where "h" is Planck's Constant of Action and "v" (or, sometimes "f") is frequency (vibration), we can rewrite the equation, $hv = mc^2$.



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$$HF = MK^2$$

Hagalaz x Fehu = Manaz x Kenaz Squared

Since "h" and "c" are Constants of Nature (h, the Smallest Quantum of Energy and c, the Speed of Light) it is clear that the only characteristic which distinguishes different "m's" (masses of matter) is the frequency ("v" / "f") thereof.

For each mass there is a frequency (and since mass is energy, energy is frequency).

Whatever is, is frequency.

Frequencies or cyclical factors are central to our experience of time (yes, time is also in Einstein's equation -- but since this s^2 is on both sides, as the divisor, it is not usually written -- $hv/s^2 = mc^2/s^2$).

Thus all aspects of our 4 dimensional Uni (One) verse (Word) are expressible in frequencies linked by the Constants of Energy and Light.

**Thus, "All that is" is
Frequencies of Light in Action.**





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Third Meditation on the One

Strings and branes [4] vibrate
In eleven ways -- that's what
Hides in the quanta!
Light is the one key
For harnessing zero point
Endless energy.

[4] String Theory's "Membranes" vibrate in all of the 11 dimensions of reality.

The Great Crystal of the Tower





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Fourth Meditation on the One

To τέλος

The End of the Cosmos

From dark energy
Accelerates universe.
Evaporation.

Local galaxies
Collide -- the rest disappear.
Universal Fate?

Then the Local Crunch
And it starts over again.
The Breath of Brahma.

The Buddha proclaimed, when he
achieved his enlightenment,

***"I, together with all beings
and the great world, attain the Way!"***





Peace and Blessings...



1969



The Journey

The process winds and buckles
and whispers through its spin
direction leaves us breathless
perceiving scenes within-

So life proves its illusions
so age replaces youth
But wisdom sparks the breakthrough
Love is the only Truth.

Kate Greene



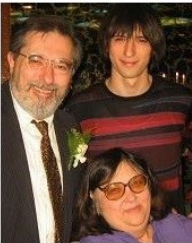
1973



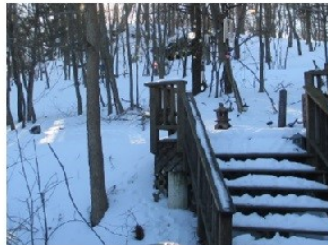
1992



2002



2007



2020

LifeSpirit Resources

YouTube: <http://www.YouTube.com/LifeSpirit>

Organization Site: www.LifeSpirit.org

12 March 2022